

Marin City

Marin County, CA



CX³ – MARIN COUNTY PUBLIC HEALTH



Communities all over the state are working to address key nutrition issues shaping the health of their residents. Marin County Public Health participated in CX³ to assess neighborhoods in relation to a variety of healthy nutrition and physical activity benchmarks.

The project's goal is to empower communities to work together to improve their neighborhoods to become healthier places to live, work and play.

RATIO OF HIGH FAT/SUGAR FOOD SOURCES TO HEALTHY FOOD SOURCES*

*High fat/sugar food sources include fast-food outlets and convenience stores. Healthy food sources include supermarkets or large grocery stores and farmers markets.



SNAPSHOT OF MARIN CITY

- 2,802 population
- 57.7 percent of people living in poverty (at or below 185 percent federal poverty level)
- 44% percent of adults in the county overweight or obese
- 75.1% percent of adults in the Marin City overweight or obese
- 1 schools in the Marin City area
- 0 parks and playgrounds in the Marin City area
- 0 percent of population living within a half mile of a supermarket or large grocery store
- 0 proportion of supermarkets or large grocery stores with convenient public transit
- 0 supermarkets or large grocery stores
- 0 farmers markets
- 0 small markets and other food stores
- 2 convenience stores
- 3 fast-food outlets
- 1:934 ratio of fast-food outlets to population

NEIGHBORHOOD NUTRITION INDICATOR PERFORMANCE

Marin County Public Health officials conducted an audit of nutrition resources in the Marin City area from July 1st, 2013 – September 30th, 2013.

Using Geographic Information Systems software, interviews and observation surveys, health officials and volunteers examined factors to determine access to healthy foods and physical activity. The data provide a realistic picture of areas in need of improvement and offers residents, merchants, decision makers, health advocates and neighborhood groups a focal point as they work to build a healthier community.

What Did We Find?

Total Neighborhood Food Store Quality

What percent of local stores offer healthy, affordable foods? Are those stores easily and safely accessible to neighborhood residents?
0% meet standards

Fast Food

What type of marketing and presence do fast-food outlets have near local schools, parks and playgrounds? What percent offer and promote healthy food options and limit unhealthy food marketing practices?
0% meet standards

We all – community organizations, businesses, schools, faith groups, neighbors and local government – can play a role in improving our community.

Get involved today:
enegussie@marincounty.org or call the Health Department at (415) 473-2612